



C E N T R A

CONGREGATIONAL HEALTH MINISTRY

PROTECT YOUR SIGHT

National Save Your Vision Month
Workplace Eye Health and Safety Month

Toolkit
March, 2008

Please consider using the attached materials for education and information for members of your faith community. Most of us take our ability to see for granted. The Congregational Health survey reveals that every faith community has members who struggle with vision difficulties. The Cole Eye Institute reports that nearly 1 million Americans have lost some degree of sight due to an eye injury. There are things we can do to help insure our eye health. We all want to see clearly all the time!

The materials are intended to be used in a newsletter, bulletin, and/or handout format. Information may be obtained from the following web sites:

<http://www.aoa.org/x5072.xml>

<http://www.aoa.org/x5075.xml>

<http://www.aoa.org/x5076.xml>

<http://www.aoa.org/x7679.xml>

<http://www.clevelandclinic.org/eye/contact/march04.asp>

If you would like materials to create a display for a bulletin board, you may access a power point on the Congregational Health web site at:

<http://clergy.centrahealth.com/WebPages/conghlth.aspx>

The power point may be printed out, and pieces cut and pasted to suit a display on a bulletin board or other area.

This is an important health issue for everyone. It is an area where faith communities can demonstrate the stewardship of the gift of life by raising awareness of the importance of thinking about prevention when it comes to our eyes and our sight.